



## Breaking ice

The Lake-Erie Niagara River ice boom is in place.

2



## Gas prices drop

Motorists find relief at the pumps

8



Restaurant owner lists 365 events and fun facts about Fort Erie. See page 9.

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# Santas serve up hot dishes

Meals on Wheels volunteers spread Christmas cheer

**Sarah Ferguson**  
Fort Erie Times

Santa Claus doesn't just bring toys to good little girls and boys.

He serves up piping hot meals too.

Meals on Wheels volunteers dressed up as jolly old Saint Nick to spread Christmas cheer as they served both cold and hot meals compliments of Canadian Tire Financial Services and Niagara Ina Grafton Gate Village to more than 100 clients on last Wednesday morning.

Meals on Wheels executive director Nancy Ryan said volunteers are always needed to help deliver meals to clients in Fort Erie.

"Today is extra special," she said. "People get excited when they see Santa Claus coming up the driveway."

According to Ryan, Meals on Wheels is an important program for seniors because it provides fellowship and a warm or cold meal to people who need it the most.

"It helps to have Meals on Wheels when there is a senior who is unable to

cook for himself or herself, or for people who have special nutrition needs. The program helps people live independently in their own homes much longer."

The program also provides peace of mind for children who are caring for their elderly parents. Meals are delivered to seniors during the day while their caregivers are at work.

The program serves a wide variety of clients. Ryan said some seniors who break a hip or require serious medical care may take advantage of the program until they recover and are able to care for their own needs again.

Ryan said funding for Fort Erie Meals on Wheels "is always an issue." The program costs more than \$30,000 to run each year.

"We just couldn't do what we do without support from the community. We just couldn't survive," she said.

Meals on Wheels Fort Erie is a non-profit organization that started in 1971. The program serves more than 16,000 hot and cold meals each year.

It operates at St. Paul's Parish Centre and serves Fort Erie, Crystal Beach, Black Creek, Ridgeway and Stevensville.

For more information about Meals on Wheels Fort Erie call Nancy Ryan at 905-871-9366

sarah.ferguson@sunmedia.ca



SARAH FERGUSON Fort Erie Times

From left, Meals on Wheels volunteers Bryan Craig, John Maurice and Jim Randall dressed as Santa Claus to deliver meals to seniors participating in the program last week.

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# Niagara ice boom installed in Lake Erie

**Alison Langley**  
QMI Agency Niagara

The Lake-Erie Niagara River ice boom is in place.

Each winter since 1964, the 2.7 kilometre ice boom has been installed between Fort Erie and Buffalo, N.Y.

The ice boom is designed to reduce the severity of ice jams from Lake Erie into the Niagara River and maintain water flow for hydro-electric power production.

Severe storms with westerly winds can force large masses of ice against the boom. When this occurs, the boom submerges and allows the ice to override it until the pressure is relieved.

Once the storm subsides, the boom resurfaces and restrains ice which otherwise would flow down the river.

The 22 spans can be

installed when the Lake Erie water temperature at Buffalo, N.Y. reaches 4 C or on Dec. 16, whichever comes first, explained Peter Kowalski, operating manager at Niagara River Control.

Each of the boom's spans consist of a series of floating steel pontoons anchored to the lake bottom at 122 metre intervals by 6.4 centimetre steel cables.

The boom is removed April 1, Kowalski said, or when there's less than 645-square-kilometres of ice in the eastern basin of Lake Erie - between Long Point, Ont. and Erie, Pa.

Last winter, however, the removal wasn't completed until May 7, one of the latest removal dates on record.

By late March 2014, about 4,860 square kilometres of the basin remained covered in ice.

To assist with keeping the

ice under control, Ontario Power Generation uses the Niagara Queen II, an ice breaker that patrols the Niagara River from Chippawa to the upper end of Grand Island, N.Y.

Its job is to keep the hydro-electric intakes clear of thick ice and remove ice blockages above the International Control Dam.

"Normally, the ice breaker is always in the water but it was removed this year for some maintenance work," Kowalski said.

"It's back in the water now, before ice season, and the crews are undergoing training."

The Canadian boat and its three-person crew work in conjunction with a similar vessel, the William H. Latham, operated by the New York Power Authority. While the U.S. boat focuses on preventing ice build up



ALISON LANGLEY QMI Agency Niagara

Each winter since 1964, the 2.7-kilometre ice boom has been installed between Fort Erie and Buffalo, N.Y. The ice boom is designed to reduce the severity of ice jams from Lake Erie into the Niagara River and maintain water flow for hydro-electric power production.

at the Robert Moses Niagara Hydroelectric Power Station in Lewiston, N.Y., both boats work together if the need arises.

Use of the ice boom is authorized by the International Joint Commission. Ownership as well as the cost of operating

and maintaining the boom is shared equally by OPG and the New York Power Authority.  
alison.langley@sunmedia.ca

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## HOLIDAY WASTE MANAGEMENT SERVICES



### HOLIDAY CHANGES IN WASTE COLLECTION

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Regular Waste Collection Day	Changed to:
Monday, Dec. 22	No change
Tuesday, Dec. 23	No change
Wednesday, Dec. 24	No change
Thursday, Dec. 25	Friday, Dec. 26
Friday, Dec. 26	Saturday, Dec. 27
Monday, Dec. 29	No Change
Tuesday, Dec. 30	No Change
Wednesday, Dec. 31	No Change
Thursday, Jan. 1	Friday, Jan. 2
Friday, Jan. 2	Saturday, Jan. 3



### HOLIDAY GARBAGE EXEMPTIONS

In the week following Christmas (Dec. 26, 27, 29, 30, 31), households may place double their regular weekly garbage limit to the curb on their collection day.



### CHRISTMAS TREE COLLECTION

- Saturday, Jan. 10, 2015 ONLY
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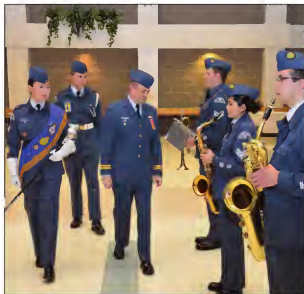
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## Supporting our cadets



**337 FORT ERIE AIR CADET SQUADRON** Special to The Times  
At 337 Fort Erie Air Cadet Squadron Family Night Fort Erie Lions Air Cadet Sponsoring Committee Chairman Al Chevalier (right) accepted a cheque from Bill Pasinsky Sr. of Bill's Toyota during the Air Cadet Family night held on Wed., Dec. 17. The money will go to the Air Cadet Squadron and will be used for Air Cadet activities and band equipment and instruments.

## Band inspection



**337 FORT ERIE AIR CADET SQUADRON** Special to The Times  
At 337 Fort Erie Air Cadet Squadron Family Night on Wednesday, Dec. 17 C.D. Captain Nicholas Chevalier, WO2 Stephen Roberts and Sgt. Natasha Pasinsky inspected the Squadron Band.





# opinion page

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## Do You Remember?

Our thanks to Bill Napper for identifying the celebrity hockey player in last week's photo as Dennis Hull, formerly of the Chicago Black Hawks.

He was signing an autograph for Raymond Tribe at a father and son or daughter sports night banquet.

Thank you also to Norman O'Brien for identifying the man standing behind Mr. Hull as Gord Singleton, Canadian Olympic Cyclist.

Remember it is never too late to phone in if you recognize any of the others in the photo.

We hope all of you are able to enjoy family time this Christmas like our two skaters shown here.

Please let us know if you remember who they are by calling the Fort Erie Historical Museum at 905-894-5322 or sending us an e-mail at museum@forterie.on.ca

## letters to the editor

### Reader wishes community happy holidays

Dear Editor,

We'd like to wish all our friends, family and the entire community a very merry

Christmas, the happiest and healthiest new year.

Thank you to everyone. The support of the community has made a huge difference in our lives.

They have truly given us the strength and ability to keep fighting.

Thank you. We live in the greatest community. Cheers.

Amanda Wilson

Ridgeway

### Road project took too long: Reader

Dear Editor,

I've been infuriated lately by the disgracefully long

time it took to re-build the slip side-road from Sodom Rd. onto the QEW.

Drivers from Ridgeway, Crystal Beach and Stevensville needed to make a highly inconvenient detour for nearly nine months.

When I drove to Niagara-on-the-Lake, Hamilton or Toronto during this excessively long period, I never

saw road crews actually doing any work.

Why did this comparatively simple project take so many months to complete?

How many dollars did it cost? Too many, I'll bet.

Many drivers avoided the detour by turning right onto the Sommersville gravel road just after the Sodom / QEW intersection, and then

making a legal U-turn.

But this has caused seriously deep and dangerous pot-holes at the entrance from Sodom Rd. onto the Sommersville Rd.

Are citizens to expect it will be another nine months before these pot-holes are repaired?

Nick Boothby  
Ridgeway

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# opinion page

## Christmas is about family, not what's underneath the Christmas tree

I'm not sure where the theme has gone.

Somewhere the holidays managed to sneak up on me just as they always do.

Christmas preparations seem to begin earlier and earlier every year.

It feels like it was Halloween just yesterday and I was complaining to friends and family about Christmas ads that had already begun popping up in stores.

The holidays are always filled with stress. There are lots of chores to do like baking cookies, cleaning up the house and checking everyone off my Christmas list.



**Sarah Ferguson**  
Editor's Notebook

Just thinking about all that work makes me tired. For weeks, I think about the perfect gifts for all the special people in my life.

Today, I will end up spending more time in the car driving to and from my relatives' houses than I will

spend with them.

In my family, there is a joke that all of the Fergusons are Grinch-like. I have been known to make a joke or two about Christmas causing my heart to grow three sizes too small—metaphorically anyway.

In the days leading up to Christmas, I often ask myself 'Is all this work worth it?'

The truth is that I gripe about all the hassles, and the shopping but there's no place I'd rather be on Christmas Day than at my grandmother's house eating our traditional dinner of perogies, ham and sal-

ads. Just thinking about it actually makes my mouth water.

And of course, my brothers recite all of the famous lines from our beloved holiday movie, Christmas Vacation starring Chevy Chase.

I realize how lucky I am. I have a loving, supportive family and wonderful friends.

Although I'm not rich, I don't have to worry about living from pay cheque to pay cheque.

I don't have to worry about how I'm going to pay the bills.

But there are many people who do worry about

how they will keep a roof over their heads or how they will keep the lights on. The holidays just make these problems worse.

How is a single parent raising his or her kids supposed to buy gifts when he or she is already struggling to put food on the table?

I think it's important that people focus on all of the blessings in their life during this time of year instead of focusing on the extravagant affairs of the holidays.

There are so many people in this community, and around the world that worry about where their next meal will come from—

not what's underneath the Christmas tree.

The holidays are supposed to be about fellowship, not about getting the latest high tech gadget.

So, today I will enjoy the time away from work, and enjoy a nice dinner with my family.

After all, that's what the holidays are really all about.

On behalf of the staff here at the Fort Erie Times, I would like to wish you all a very Merry Christmas and a Happy New Year.

*sarah.ferguson@sunmedia.ca*

## Library staff pick the best of the best non-fiction books for 2014

In this second of the Fort Erie Public Library's "Hey, you have to read this!" series, staff members share our favourite non-fiction reads of 2014.

One of the most popular categories of non-fiction is biography, and the recommendations this year certainly reflect that interest.

Two of the picks offer stories behind recent headlines.

As the Ford brothers made news in Toronto, investigative reporter Robyn Doolittle was there to meticulously chronicle events.

Her book *Crazy Town: the Rob Ford Story* is Sean Fleming's choice.

Maria Brigantino and I were both inspired by *Finding Me: a decade of*



**Amy Roebuck**  
Fort Erie Public Library

darkness, a life reclaimed. This is a memoir by Michele Knight, one of three young women held captive for more than a decade in a house in Cleveland, Ohio.

Knight shares her story, in part to remind readers that not all the children who disappear are missed, with mass searches and

media campaigns launched to get them back.

There is another Cleveland connection in my pick *Coming Ashore*.

In this third installment of her life story, psychologist and author Catherine Gildiner tells of her experiences in the late 1960's, from the classrooms of Oxford University, to arranging dates with Jimi Hendrix, to teaching and learning from Cleveland inner city kids.

In 2000, we were delighted by the hilarious story of Gildiner's childhood *Too Close to the Falls* in Lewiston and Niagara Falls, New York. After the Falls is about her life in university during the civil rights movement. Shameless plug: Gildiner will present an

author or reading the Fort Erie Public Library in April, 2015.

I predict that if you read even one of her books, you won't want to miss any of them, or her visit to Fort Erie.

Many of our staff pick biographies are accounts like Michelle Knight's, of courageous acts by people who would otherwise be unknown. Laura Rudynski-Martino suggests *Unorthodox: the scandalous rejection of my Hasidic roots*, by Deborah Feldman. This work traces the author's upbringing in a Hasidic community in Brooklyn, describing the strict rules that governed life, including an arranged marriage at the age of seventeen, and the birth of her

son, which led to her vow to build her own path in life. Dawn Gangarosa selects *Unbroken: a World War II story of survival, resilience, and redemption*, the best-selling story of bravery which was the inspiration for the new film.

The *Inheritor's Powder* by Sandra Hempel is Joel Nash's recommendation. The appeal of true crime writing isn't just a current day phenomenon. Science writer Hempel offers Victorian history, including poisonings, wayward police, domestic fights and a remarkable journey into the origins of forensic science, all handled in a wryly entertaining style.

Cookbooks are another very popular type of non-

fiction, and Jean Christie found her favourite in *Caroline Bretherton's Pies: sweet and savory*. We'll do our best to be invited to Jean's for dinner soon.

All of these great reads, and many more, are available by visiting any branch of the library, or by placing a hold online at [www.fepi.ca](http://www.fepi.ca).

The library web site is conveniently open, even when buildings are closed for the holidays. All branches of the library are closed today and tomorrow, and reopen for regular hours on Saturday, Dec. 27.

Happy holidays to all!

*Amy Roebuck is the Community Services Coordinator at the Fort Erie Public Library.*

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# Niagara 'finally getting a break' at the pumps

Ray Spiteri  
QMI Agency Niagara

It may seem surprising, but Niagara residents have mixed feelings about regular gasoline prices falling below \$1 a litre across the region.

"I think it's great when you fill up, (but) economically it's not good for the country, and in the long run it's not good for me because my stock investments are going down," Harry Maynard said with a laugh as he filled up his vehicle Thursday.

"It's great when I fill up and it's \$41 instead of \$65, but beyond that there are economic issues," Mark Federinko begs to differ.

"I never thought I would live to see the day where it was under \$1 again," he said as he filled up his Chevy Silverado.

"I think it'll provide opportunities for other businesses, for people to maybe not focus so much on filling up their gas tank, maybe they can spend money on other things."

"It would cost typically about \$140 to fill (his vehicle). As you see right now, I'm maxing out (at \$83), so that leaves a bit of money in my wallet for something else."

Other parts of Canada saw gas prices dip below \$1 a litre last month, but it took a bit for Niagara to follow suit.

On Thursday, the average

price for a litre of gas in Niagara Falls, St. Catharines and Welland was between 97.1 and 98.8 cents.

A year ago to the day, the average price was between 119.9 and 123.6.

Prices first went above the \$1 per litre mark in Niagara Falls in August 2005.

Dan McTeague, a senior petroleum analyst for price-tracking website Gasbuddy.com, said it's the first time since August 2010 gas has been below \$1 a litre, as an average, across Canada.

The decrease is thanks to a 30% year-to-date drop in the cost of crude oil, said McTeague.

He said the cost of a barrel of crude oil that is used in Niagara was \$107 in June. It's now \$57.

"Crude is the driver of the low prices. Crude is in extreme over supply globally and demand is slumping. The global economy continues to struggle with the recession of 2007-08."

McTeague said there will be times gas prices will creep back up above \$1, but expect prices to stay consistent or even continue to decrease in the foreseeable future.

"The reality is, the global oil picture continues to be over supplied."

"People are finally getting a break."

Niagara Falls resident Chris Cristelli, who seemed surprised when he walked by a gas station that was selling for 97.8 cents a litre, said he "thinks it's great" gas prices



MIKE DIBATTISTA, QMI Agency Niagara

Other areas of Canada saw gas prices dip below a \$1 a litre last month, and now Niagara is starting to see those prices at the pumps.

continue to drop, "as long as the economy stays active and we're not going to be thrown into a recession."

"You hear the stuff on the news about how this is going to affect everything. I just

hope that we keep our nostrils above water."

Niagara Falls resident Craig Hodgson was also torn.

"Since Canada is now a petto economy, it is kind of worrisome. You hear about layoffs out in Alberta. We're

not diversified enough as an economy to absorb a lot of this. It's good for the driver, not so great for the economy."

Hodgson's father said he doesn't care about gas prices because he walks about 2

1/2 kilometres to work every day.

"Rain, snow, I don't care. We have a car, but my wife uses it more than I do. I've been doing it all my life."

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# '365 days of Fort Erie grew out of a sense of community'

Sarah Ferguson  
Fort Erie Times

Fort Erie is a magnificent place to live.

That's why Trailside Bar and Grill owner Gary O'Brien decided to undertake the task of finding 365 'awesome things' about this town.

Every day O'Brien finds a fun event, or an interesting fact about Fort Erie and posts it to his restaurant's Facebook page, Trailside Bar and Grill. He began writing one post a day on Feb. 1.

"I have to admit, it's not an original idea. I got the idea from a friend of mine that is a realtor," O'Brien explained.

"I used to tease him about it but one day I just thought I should try it."

As the days passed, O'Brien explained he wondered if he would be able to post something every day.

"I was worried a little bit. I thought once I start, I have to make sure I finish it. It was a big 'Oh boy' moment."

Once he got started though, O'Brien didn't have any more trouble finding something to share with his social media followers.

"The 365 days of Fort Erie grew out of a sense of community that is strong in this town," O'Brien explained.

"People have also been really good and have sent me some ideas. There may have been a few sleepless nights but everything has really seemed to work out well."

O'Brien came to live in Fort Erie three years ago because he "just loves the community."

He has learned a lot about the people who live here and what they have to offer.

"There's a lot of stuff that's here (in Fort Erie) but people just don't see it anymore," O'Brien said.

The restaurant owner tries to share inexpensive or free activities that are fun for families.

"You can just pack the kids into the car and drive around to see the Christmas lights, explore the back roads or pack a picnic and spend the day at Waverly Beach," he said.

"I think everyone should take a drive and just look at those Christmas lights. They



Trailside Bar and Grill owner Gary O'Brien has made a commitment to find 365 awesome facts and events about Fort Erie. He posts one fact or event each day on his restaurant's Facebook page.

SARAH FERGUSON Fort Erie Times

are unbelievable in Fort Erie and I have to admit I have never seen a community display Christmas lights like they are displayed in Fort Erie," he added.

"What I've enjoyed the most about 365 Days of Fort Erie is exploring what this town has to offer."

Every day O'Brien posts something new is an affirmation that Fort Erie has a lot to offer.

"One of the things I like to do is share a lot of events that the Sanctuary has," he said.

According to O'Brien, the Sanctuary on Ridge Rd. is "under used."

"The old church is heavy with soul and it offers a lot of great concerts and outreach programs for the community. They have everything from theatre groups, to fitness classes."

If O'Brien isn't careful, he can spend an entire day

looking for fun ideas to share with people.

"I just think people should know what we have here

and I have a strong belief in how wonderful this com-

munity is." [sarah.ferguson@sunmedia.ca](mailto:sarah.ferguson@sunmedia.ca)

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**[intact]**  
INSURANCE

## IN 5 MINUTES

News and events – visually


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 FACEBOOK.COM/QMIGRAPHICS

# TIME's person of the year

Time Magazine has selected Ebola workers as the 2014 Person of the Year. These front-line caregivers, who risk their lives on a daily basis to help conquer the largest Ebola outbreak ever, were chosen "for their tireless acts of courage and mercy, for buying the world time to strengthen its defenses, for the risks they took and the lives they saved."

**1994:**  
**Pope John Paul II**

Head of the Roman Catholic Church from 1978–2005.


**1995:**
**Newt Gingrich**

Leader of the "Republican Revolution," a Republican party election landslide, which led to Gingrich being elected Speaker of the House.


**1996: David Ho**

A scientist who pioneered much of the AIDS research.


**1997:**
**Andrew Grove**

Chairman and CEO of Intel, recognized as a pioneer in the semiconductor industry.


**1998: Bill Clinton**

As President of the United States, Clinton was impeached in 1998 following the Lewinsky scandal.


**1999:**
**Jeff Bezos**  
 Founder and CEO of Amazon.com.

**2000:**
**George W. Bush**

Elected as U.S. president.


**2001: Rudy Giuliani**

Mayor of New York City at the time of the Sept. 11 attacks.


**2002: The Whistleblowers**

In 2001, Sherron Watkins uncovered accounting irregularities in Enron financial reports. In 2002, Cynthia Cooper exposed a \$3.8 B fraud at WorldCom, and FBI agent Coleen Rowley testified that the FBI mishandled information related to 9/11.

**2003: The American soldier**  
 Represented U.S. forces, especially in the Iraq War (2003–2011).

**2004:**
**George W. Bush**

Re-elected as U.S. president; oversaw Iraq War.

**2005: The Good Samaritans**

Bono, philanthropist and member of rock band U2, helped to organize the 2005 Live 8 concerts. Bill Gates, founder of Microsoft and then-richest person in the world, and his wife Melinda, founded the philanthropic Bill &amp; Melinda Gates Foundation.


**2006: You**

The individual content creator on the World Wide Web.


**2007: Vladimir Putin**  
 President of Russia.

**2008: Barack Obama**  
 Elected U.S. president.

**2009: Ben Bernanke**  
 Chairman of the Federal Reserve during the Financial crisis of 2007–2008.

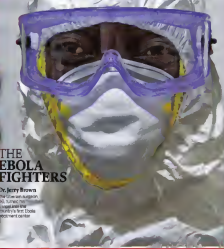
**2010: Mark Zuckerberg**  
 Founder of Facebook.

**2011: The Protester**

Many global protest movements (e.g. Arab Spring, as well as protests in Greece, India, Russia and Chile.


**2012: Barack Obama**  
 Re-elected President of the United States.

**2013: Pope Francis**  
 New head of the Roman Catholic Church.

 PERSON OF THE YEAR  
 TIME


THE EBOLA FIGHTERS

 Dr. Jerry Brown  
 The Ebola outbreak  
 has killed nearly  
 7,000 people in  
 West Africa.

**2014: Ebola fighters**

Those who are still fighting the biggest Ebola outbreak in history that has, so far, killed nearly 7,000 people in West Africa.

**Runners-up:**
**The Ferguson protesters**
**Vladimir Putin**
**Taylor Swift**
**Jack Ma:**

Alibaba founder/CEO

**Tim Cook:**

Apple CEO

**Masoud Barzani:** Acting president of Iraqi Kurdistan Region  
**Roger Goodell:** NFL commissioner


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Maple Leaf  
Bacon  
Regular, Salt Reduced  
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THAN  
1/2  
PRICE

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375g



Beatrice  
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**2/3**  
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Premium  
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Fresh *California*  
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Raisin Bread

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Dempster's  
English Muffins  
Assorted Varieties

**2/3**  
340g



Beatrice  
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Assorted Varieties

**.99**  
500ml



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Pierogies  
Assorted Varieties

**199**  
1kg



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Christmas Day & Boxing Day - CLOSED  
New Year's Eve - 7am-6pm • New Year's Day - CLOSED

# Ask The Expert

Visit our professionals and see how they can help you!



Steve Helwig

## ASK THE EXPERT

**Q** What is my break-even point?  
**A** Simply put, the break-even point is the amount of dollars your business should generate monthly to pay for all your operating costs, including overhead. However, your sales should be a third more is very important - because if you don't know where you are, what motivates you to reach your goal. Your starting point is to know your operational costs (rent, utilities, etc.) of \$3,000 plus owner's wages of \$2,500, for example, is \$5,500. Cost of Goods Sold (average 55%) 13,350  
 Gross Profit: (35%) 7,200  
 Overhead costs: 5,500  
 Owner's Wages: 2,500  
 Break-Even Point: 12,800  
 Break-even point: 12,800/30% = \$42,667

The business has to generate \$42,667 in sales to cover all costs. If the profit margin decreases, or expenses increase, it will rise.

For more information contact:

**Business Success & Loan  
 Centre Fort Erie**  
 45 Jarvis Street, Fort Erie, ON  
 905-871-7331 • www.bsllf.com



## ASK THE HAIR STYLIST.

**Q** How do I get that loose wave look for my holiday party?  
**A** The holidays are the perfect time to glam up your style! To get that loose wave style, split hair into 1 inch vertical sections and wrap each section around a curling iron (use a 1 1/2 inch barrel). The larger the curling iron the looser the curl. This will give you that soft effortless wave. Most importantly, always use a professional product such as our Goldwell Hot Form styling spray to protect, shape, hold, and smooth the hair for a perfect wave style!

ENJOY THE HOLIDAYS!

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fatesalon.com

## Ask The Expert

Spot Could Be Yours,

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 202, 205, or 206



**Williams Funeral Services**

**Q** Can I prepay for my funeral over time?  
**A** Yes, many people choose this method as a way to lock in the cost of funerals. Preplanning your funeral is a wise part of estate planning and eliminates the administrative stress on those family members left behind.

**Maria Reid**  
 Funeral Director  
 Williams Funeral Services

## Ask a Lawyer

**Q.** I recently read my will after my husband passed, and I just read it. I know I told my lawyer that I wanted to make my daughter the executor, but in my copy my lawyer is shown as my executor. Can I change this?  
**A.** The short answer is that you can always change your will, as long as you still have the mental capacity to do so. Your question illustrates why it is always a good idea to review the copies of what you signed after you have signed with your lawyer, and it is a good idea to review them on a regular basis to confirm that they still reflect your wishes. Remember: You are the boss - not the lawyer. As lawyers, our job is to give advice; but YOU give the direction as to how you wish to arrange your affairs, who is to be in charge, and who is to benefit from your estate.

**Bev  
 HODGSON LAW**  
 905-354-1600  
 6057 Drummond Rd., Niagara Falls  
 EMAIL: bev@bevhdgson.com

## Ask The Accountant

**Q.** I am thinking of starting a business, what are the typical risks involved?  
**A.** Risk-taking is a large part of being an entrepreneur. The following are risks that every entrepreneur must be prepared for:

- Giving up the steady paycheck
- Sacrificing personal assets and savings
- Sustaining reliable cash flow
- Entering the interest people have in your business or service
- Training key employees and employees
- Meeting deadlines for product launches or opening the doors
- Contributing personal time - be prepared to work countless hours and make personal sacrifices

From my experience, entrepreneurs are special people but if you have what it takes the rewards outweigh the risks.

**Kenneth D. Lenchyshyn**  
 CGA, ALA, CFE

**Chartered  
 Accountants LLP**  
 76 Jarvis Street,  
 Fort Erie, Ontario  
 905-871-2610

**crawford  
 smith &  
 swallow**  
 ken@crawfordss.com

## Ask a Fireplace Expert

**Q.** How often should I have my Chimney swept?  
**A.** Woodburning chimneys should be swept & inspected at least once a year by a certified W.E.T.T. technician.

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 MON - WED 9-6 • THURS & FRI 9-6 • SAT 9-6 • SUN - CLOSED

## ASK THE HAIR STYLIST

**Q:** I feel like I'm going bald, should I be worried?  
**A:** Hair loss worries both men and women. Progressive hair loss begins naturally in both sexes by about age 50, accelerating in the seventies and eighties. About 40 percent of Caucasian men lose some hair by age 35. Hair shedding in males is often due to androgenetic alopecia - genetic/hormonal or "male pattern" balding. Hair may fall out because of overlight hairstyles, some illnesses or excessive coloring and curling. Hair shedding is often noted up to six months after child birth, following a prolonged fever, surgery, emotional upset, depression or some other traumatic event. Try not to worry. Good nutrition is essential for healthy hair.

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available

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Market Value /// \$21,674  
Delivery Allowance /// \$4,000  
Additional Brock Savings /// \$1,485  
**Costco** \$750\*  
Holiday Bonus \$500\*\*

**CLEARANCE PRICE \$15,084\***

+ HST and Lic. only

**2014 FOCUS SE SEDAN**

STOCK # 142105

Market Value /// \$22,498  
Delivery Allowance /// \$750  
Additional Brock Savings /// \$944  
**Costco** \$750\*  
Holiday Bonus \$500\*\*

**CLEARANCE PRICE \$19,699\***

+ HST and Lic. only

**2014 ESCAPE S FWD**

STOCK # 141286

Market Value /// \$27,183  
Delivery Allowance /// \$4,250  
Additional Brock Savings /// \$705  
**Costco** \$1,000\*  
Holiday Bonus \$750\*\*

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+ HST and Lic. only

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**\$750 HOLIDAY BONUS**

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72 months

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V8 engine/6-spd  
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p.locks/speed  
control/tilt &  
much more



**0%**  
financing  
up to  
72 months

**2014 EDGE SEL FWD**

STOCK # 141299

Market Value /// \$38,533  
Delivery Allowance /// \$2,500  
Additional Brock Savings /// \$2,174  
**Costco** \$1,000\*  
Holiday Bonus \$750\*\*

**CLEARANCE PRICE \$32,312\***

+ HST and Lic. only

**2014 F150 STX SUPERCAB 2WD**

STOCK # 145238

Market Value /// \$35,783  
Delivery Allowance /// \$6,500  
Additional Brock Savings /// \$1,500  
**Costco** \$1,000\*  
Holiday Bonus \$750\*\*

**CLEARANCE PRICE \$26,236\***

+ HST and Lic. only

**2014 F150 XLT SUPERCREW 2WD**

STOCK # 146204

Market Value /// \$40,583  
Delivery Allowance /// \$6,000  
Additional Brock Savings /// \$3,037  
**Costco** \$1,000\*  
Holiday Bonus \$750\*\*

**CLEARANCE PRICE \$29,999\***

+ HST and Lic. only



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NIAGARA FALLS  
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Thurston Rd.

**C-BROCK 1ST**

\* Conditions apply, check details with dealer. Subject to HST. Must be a member of Costco prior to Dec 1, 2014. \*\* Subject to HST.



# MERRY CHRISTMAS AND HAPPY NEW YEAR



## SEASON'S GREETINGS


The Old Bank  
*Bistro*

41 Jarvis Street  
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During this season of festivity, we'd like to celebrate all of those who have given us so much joy this past year. It's been a privilege and a pleasure serving you, and we wish you the very merriest holiday ever!

**Looking for the perfect Christmas Gift? Gift Certificates Available!**

# MERRY CHRISTMAS AND HAPPY NEW YEAR



*A Season of  
Togetherness*  
"May the spirit of the Holidays  
bless you and keep you safe."



Seasons Greetings  
to all  
**Richard Shular**

**MERRY CHRISTMAS**  
to All and a  
**Happy New Year**

**JONES, JAMIESON  
& REDEKOP**  
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*Merry Christmas &  
Happy New Year*  
From All Of Us

*Merry  
Christmas &  
Happy  
New Year*  
To our valued customers and families



For All Your Automotive Repairs  
**K&E AUTOMOTIVE**  
Tel: 905-871-9000

Wishing You a *Sweet*  
Christmas



*May you enjoy an abundance of happiness  
and company, and all the sweet joys  
that the holiday season has to offer.*

**Peninsula Plastics**  
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Jesse & Kelly's  
**nofrills**  
lower food prices



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**A JOYOUS HOLIDAY  
SEASON TO YOU  
AND YOURS!**

*Happy Holidays*  
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COMPLETE TAX RETURNS YEAR ROUND SERVICE  
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*Wishing you all the joys and happiness  
of the holiday season.  
May you be blessed  
with peace, love and joy.*

**Merry  
Christmas**



**Sandy Annunziata**  
Regional Councillor.



# ★ Prime Cuts

## MERRY CHRISTMAS & HAPPY NEW YEAR!



FROM THE STAFF AND MANAGEMENT  
AT PRIME CUTS

**WE THANK YOU FOR YOUR PATRONAGE  
AND LOOK FORWARD TO SEEING YOU IN  
THE NEW YEAR!**

*New Years  
Special*

**OPEN NEW YEAR'S EVE  
'TIL 5 P.M.  
CLOSED NEW YEAR'S DAY**

Prime Cut's

### SURF & TURF

Includes:  
12 oz. "AAA" NY Strip  
Loin Steak,  
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**\$17<sup>99</sup>**  
ea.

Cut from "AAA" Canada Beef  
**AGED TO PERFECTION**  
T-BONE/  
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**\$9<sup>99</sup>** lb.

Prime Cuts Specialty  
**ROASTED RED  
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ASIAGO SAUSAGE**

**\$4<sup>99</sup>** lb.

Pure Pork  
**MAPLE SYRUP  
BREAKFAST  
SAUSAGE**

**\$4<sup>99</sup>** lb.

Cut from Fresh Ontario Pork  
**CENTER CUT OR  
DOUBLE LOIN  
PORK CHOPS**

**\$3<sup>49</sup>** lb.

Made from Boneless Skinless Breast  
**ASPARAGUS  
CHICKEN WITH  
PROVOLONE CHEESE**

**\$5<sup>99</sup>** lb.

Boneless Marinade  
**FLATTEN CHICKEN  
(BEST BBQ OR OVEN ROAST)  
BREAST**

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*Delì*

RED POTATO SALAD **\$4<sup>99</sup>** lb.

SAN DANIELE HOT MORTADELLA **\$9<sup>99</sup>** lb.

Save **\$1<sup>00</sup>** lb.

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Meals*

*Meals in Minutes*

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**SHEPHERD'S PIE** **\$4<sup>99</sup>** lb.

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MERRY CHRISTMAS  
AND  
HAPPY NEW YEAR

**Ogilvie  
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MERRY  
CHRISTMAS  
and HAPPY  
NEW YEAR.



THANK YOU  
FOR YOUR  
PATRONAGE

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*Merry  
Christmas!*

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RESTAURANT**

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1554 Garrison Road  
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*Wishing You a  
Delightful Holiday*

Here's hoping your holiday  
season is illuminated by  
faith, love joy and friendship.  
We're so thankful for your  
many kindnesses, and  
we look forward to  
your next visit.

**REBSTOCK'S  
INSURANCE OFFICE**

210 Ridgeway Road  
Capital Beach  
**905-894-2974**

# MERRY CHRISTMAS AND HAPPY NEW YEAR

## *Holiday Greetings*

It's our favorite time of the year, when we pause to thank our many good friends in the area for making our business shine.



224 Garrison Road  
Mini Mall  
905-871-1167  
Visit us at

[www.barrelpizza.ca](http://www.barrelpizza.ca)



Wishing everyone  
a safe and happy  
Holiday Season.

Wayne Gates  
MPP Niagara Falls

Niagara Falls (905) 357-0861 • Fort Erie (905) 671-8866  
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## Happy Holidays

It's a time for reflection and memories, and a time for celebrations, too. We hope your holiday bring many happy thoughts of Christmases past, but most of all, we hope this will be the best one yet.

Thanks for helping make this year a very happy one for us. We look forward to your continued patronage.



1994 Stevensville Road,  
Stevensville  
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## Brodie's Drug Store

*Your Trusted Pharmacy Wishes Everyone A*

*Merry Christmas, Happy New Year  
and Thank You*

**For your continued business and  
support. We look forward to  
serving you in 2015**



**Christina, Sam and Staff**

**315 Ridge Road, Ridgeway**

**905-894-2520**



# MERRY CHRISTMAS AND HAPPY NEW YEAR

## Seven-Layer Holiday Pasta Salad

### Ingredients

- 2 cups uncooked farfalle (bow-tie) pasta (4 ounces)
- 2 cups broccoli florets
- 2 medium tomatoes, chopped (1 1/2 cups)
- 1 medium yellow bell pepper, chopped (1 cup)
- 1/3 cup diced red onion
- 1 cup mayonnaise or salad dressing
- 1/2 cup plain yogurt
- 2 tablespoons sugar
- 1/2 teaspoon curry powder
- 1 1/2 cups shredded Cheddar cheese (6 ounces)
- 1 tablespoon Betty Crocker™ Bac-OS® bacon flavor bits or chips
- 2 tablespoons finely chopped fresh parsley



### Directions

- 1 Cook and drain pasta as directed on package. Place broccoli in boiling water. Cover and cook 1 minute; drain. Immediately rinse with cold water; drain.
- 2 While pasta is cooking, layer tomatoes, broccoli, bell pepper and onion in 2-quart glass serving bowl.
- 3 In medium bowl, mix mayonnaise, yogurt, sugar and curry powder. Stir in pasta. Layer pasta evenly over onion in serving bowl.
- 4 Sprinkle with cheese. Top with bacon bits and parsley. Cover and refrigerate at least 8 hours before serving but no longer than 24 hours.

### Expert Tips

Use star- or tree-shaped pasta, rotini or any medium shell pasta. Cooking the broccoli quickly in boiling water softens it slightly and brings out the bright green color. Pat dry with a paper towel so it maintains its crispness.



*Merry Christmas*

**A-1  
QUALITY  
ROOFING**  
Siding & Eavestroughing



**A-1  
QUALITY  
HOUSE WASH**

*Happy  
New Year*

905-871-7370 | 905-871-3568

Wishing you a

*Joyful Holiday*

Thank you for  
visiting us this year.

**CARROLL'S  
BOWLING LANES**

7 KLAUCK ST. FORT ERIE  
**871-0818**



## Happy Holidays



From the Board &  
Staff of the  
**FORT ERIE  
PUBLIC  
LIBRARY**

*Holiday Hours:*

December 24 and 31,

**Open** 10 am to 12:30 pm All Branches

Closed December 25 & 26

Closed January 1

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**happy  
holidays**

Canadian Niagara Power  
**A FORTIS** COMPANY



**Holiday Office Hours**  
Wednesday December 24th - 8:00am-3:00pm  
Thursday December 25th - Closed  
Friday December 26th - Closed  
Wednesday December 31st - 8:00am-3:00pm  
Thursday January 1st - Closed

1130 Barrie Street, Fort Erie • 905-871-0330



# MERRY CHRISTMAS AND HAPPY NEW YEAR



Would like to wish everyone a peaceful and joyous holiday season!



## BRIDGEBURG SPA & MY SALON

relax here with us ..



With best wishes and thanks from our entire team!

ONE STOP FOR ALL YOUR BEAUTY NEEDS  
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Hours: Tues. - Fri. 9am-7pm, Sat. 9am-1pm



## ROYAL CANADIAN LEGION BRANCH 71, FORT ERIE

*Merry Christmas  
&  
Happy New Year*

To our Veterans, Families,  
and friends still serving  
at home and abroad

130 Garrison Rd., Fort Erie  
405-871-9566

*Wishing you a safe and happy  
holiday filled with the joys of  
the season and a new year filled  
with peace and prosperity.*



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Fort Erie, ON F: 905-871-9232  
forterie@djbc.com www.djbc.com

**DJB CHARTERD ACCOUNTANTS**

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MERRY CHRISTMAS &  
HAPPY NEW YEAR  
MAY THE HOLIDAYS FILL YOU  
WITH LOVE & JOY

**CHRIS KNUTT**  
Councillor, Ward Six



From our family to  
yours, we wish you a  
Merry Christmas and  
Happy New Year!

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905-871-1277  
goldennugget.ca

**From the Staff and Students  
at Ridgeway Crystal Beach High School  
& Fort Erie Secondary School,  
We wish you a very**

*Merry Christmas and  
Safe & Happy New Year.*



## Merry Christmas & Happy New Year



Wishing you and  
your family a  
safe and  
HAPPY HOLIDAY.



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& Loan Centre**  
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905-871-7331 • bsلفتerie.ca

# MERRY CHRISTMAS AND HAPPY NEW YEAR

## Turkey-Biscuit Pot Pie

### Ingredients

#### Filling

- 2 1/2 cups baby-cut carrots (12 oz)
- 2 cups cut-up fresh broccoli
- 3 tablespoons butter or margarine
- 1/2 cup chopped onion (1 medium)
- 3 tablespoons Gold Medal™ all-purpose flour
- 2 cups Progresso™ chicken broth (from 32-oz carton)
- 1 tablespoon chopped fresh or 1 teaspoon dried sage leaves
- 2 cups cubed cooked turkey

#### Biscuits

- 4 slices bacon
- 1 cup Original Bisquick™ mix
- 1/2 cup milk
- 1/2 cup shredded Cheddar cheese (2 oz)

### Directions

- 1 Heat oven to 400°F. In 2-quart saucepan, heat 1 cup water to boiling. Add carrots and broccoli; cook about 4 minutes or until carrots and broccoli are crisp-tender. Drain.
- 2 Meanwhile, in 3-quart saucepan, melt butter over medium heat. Add onion; cook about 2 minutes, stirring occasionally, until tender. Beat in flour with wire whisk. Gradually beat in broth and sage. Reduce heat to medium-low; cook about 5 minutes, stirring occasionally, until sauce thickens. Stir carrots, broccoli and turkey into sauce. Spoon turkey mixture into ungreased 2-quart casserole.
- 3 Place bacon on microwavable plate; cover with microwavable paper towel. Microwave on High 4 to 6 minutes or until crisp. Crumble bacon; place in medium bowl. Add remaining biscuit ingredients; stir just until blended. Spoon biscuit batter around edge of turkey mixture.
- 4 Bake 25 to 30 minutes or until biscuit crust is golden brown.

### Expert Tips

You can find fresh sage in small bunches year-round in the produce section of supermarkets. An easy biscuit topping made with Bisquick® mix tops this family-friendly pot pie.

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Happy New Year*

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for another great year.



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43 Jarvis Street, P.O. Box 8, Fort Erie, Ontario L2A 5M6

# MERRY CHRISTMAS AND HAPPY NEW YEAR

May the good times and  
treasures of the present  
become the golden memories of tomorrow.

Wishing you lots of  
love, joy and happiness

*Merry  
Christmas &  
Happy New  
Year.*



**Don Lubberts**  
Councillor Ward Five



May you and your  
family experience the  
joy, love and peace that  
is the true meaning  
of Christmas.

We are very grateful  
for your friendship and  
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happiness and prosperity during this holiday  
season and in the coming New Year.

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Wishing my family, friends  
and fellow constituents a  
very *Merry Christmas*.  
May you all find peace,  
love and joy in the  
new year.



**Marina Butler**  
Councillor, Ward Four



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and  
Happy New Year!

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*Merry Christmas &  
Happy New Year*

*We will Be Closed*  
December 25<sup>th</sup>, 26<sup>th</sup> &  
January 1<sup>st</sup> & 2<sup>nd</sup>

*Happy Holidays!*

During the holiday season, our thoughts turn gratefully to those who  
have made our success possible. It is in this spirit that we say  
thank you and best wishes for the holidays  
and a happy New Year.



**905-871-5555**

St. Catharines: 905-637-0800  
Niagara Falls: 905-356-0608

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Visit your local businesses in  
Historic Downtown Bridgeburg, this season.

*Merry Christmas &  
Happy New Year.*



Bridgeburg Business Improvement  
Association & Members

**All Saints  
Anglican  
Church**

*Wishes you a Peaceful and  
Joyous Holiday Season*

**South Mill Rd, Ridgeway**

# MERRY CHRISTMAS AND HAPPY NEW YEAR

## S'mores Fudge Bars

### Ingredients

- 1 pouch (1 lb 1.5 oz) Betty Crocker™ sugar cookie mix
- 1 cup graham cracker crumbs (about 8 crackers)
- 1 cup unsalted butter, melted
- 2 cups chocolate chips
- 1 can (14 oz) sweetened condensed milk (not evaporated)
- 3 cups miniature marshmallows



### Directions

- 1 Heat oven to 375°F. In large bowl, stir cookie mix, graham cracker crumbs and melted butter until a soft dough forms. Press dough evenly into ungreased 8- or 9-inch square metal pan.
- 2 Bake 20 to 25 minutes or until dough is set and golden brown. Cool completely, about 30 minutes.
- 3 In 2-quart saucepan, heat chocolate chips and condensed milk over medium-low heat 10 minutes, stirring frequently, until chips are melted and mixture is thickened. Spread evenly over cooled cookie crust. Refrigerate 30 minutes or until set.
- 4 Set oven control to broil. Sprinkle marshmallows evenly over chilled fudge filling. Broil 1 minute, rotating pan as needed until marshmallows are melted and lightly toasted. Refrigerate at least 1 hour before cutting into bars.
- 5 For 16 bars, cut into 4 rows by 4 rows; for 20 bars, cut into 5 rows by 4 rows.

### Expert Tips

Use a very sharp knife to cut the bars. It's also best if you run the knife under hot water and dry it just before cutting into the bars, and clean it off after each cut. Serve bars with cold glasses of milk.

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from our family to yours.

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**Niagara Funeral Alternatives Inc.**  
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Dec 20, 21 open 8am till 7 pm  
Dec 22, 23 open 8am till 6pm  
Dec 24 open 8am till 5pm  
DEC 25, 26 CLOSED  
Dec 27, 28 open 8am till 7pm  
Dec 29, 30 open 8 am till 6pm  
Dec 31 open 8am till 5 pm

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# MERRY CHRISTMAS AND HAPPY NEW YEAR



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and Happy New Year*

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Saturday 8am-4pm

*Warmest Wishes  
to all of our Patients,  
Friends and Family*

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**DR. KIM SCHER**  
M.D., C.C.F.P., M.B.C.H.  
Dip. Obs(GA), F.R.A.C.G.P.



*Seasons  
Greetings*

May the holidays find you surrounded by the warmth of good friends and the love of family members.

*All the best for a  
Merry Christmas &  
Happy New Year!*

- Mayor Wayne Redekop



**FAST LUBE**  
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*Merry Christmas!*

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(across from Ridgeway Public School)  
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*May the Peace and  
beauty of the Holiday  
Season be with you  
throughout the year!*

Many thanks to all the volunteers and donors to Casa El Norte over the past year. Your support really makes a difference and is greatly appreciated by the staff and those we serve.

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Wish Everyone A Merry Christmas  
And A Safe And Happy New Year!*

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*Peace  
to All*

*May you  
and yours  
celebrate a  
season of joy  
and love with  
family and friends.*

**FORT ERIE KINSMEN**





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RESTAURANT & BAR

*Merry Christmas &  
Happy New Year*

*Come in, in the new year to  
check out our new menu!*



# MERRY CHRISTMAS AND HAPPY NEW YEAR

**TUESDAY, DECEMBER 30<sup>TH</sup>**

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*Wishing everyone  
a safe and happy holiday*



Closed at noon December 24<sup>th</sup>  
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Closed at noon December 31<sup>st</sup>  
Closed all day January 1<sup>st</sup>



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## Warmest wishes from your friends at Tim Hortons.



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community the happiest of  
holidays. Best wishes for a  
happy & healthy 2015 from  
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Together With You, Making Good Things Happen.

## Children helping children



SARAH FERGUSON Fort Erie Times

Students from the Fort Erie Co-operative Preschool in Fort Erie collected about 75 unwrapped toys and donated them to the Kinsmen Gift of Love Program. The new toys were delivered last week just in time for children to open on Christmas morning.

Dec 26 - Jan 1, 2015  
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Valley 6K BAR



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**BOXING  
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**1/2**  
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LIMITED  
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**Dec 26<sup>th</sup> Hours 8AM-9PM!**  
 NO RAINCHECKS • LIMITED QUANTITIES!

Price protection does not apply to Boxing Week offers. Dartmouth, Nova Scotia closed Dec 26th. Not all stores open Jan 1st. Please see www.JYSK.ca for store hours.

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 London... (519) 772-0200  
 London South... (519) 695-1414  
 Niagara Falls... (905) 661-0800  
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Windsor... (519) 254-5566  
 Windsor... (519) 436-8666  
 Windsor... (519) 971-9214

We have made every possible effort to ensure that all items are in stock and prices and measurements are correct. Most furniture items require assembly. Mattresses and other accessories are not eligible for price matching. Prices subject to change without notice. We are not responsible for typographical or photographic errors, and we reserve the right to limit quantities. Measurements may vary within 3".



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[illegible]

# THE TOWN OF FORT ERIE

1 Municipal Centre Drive, Fort Erie, ON, L2A 2S6

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EMERGENCY TELEPHONE INFORMATION 905-871-1600

RADIO EMERGENCY INFORMATION 91.7 FM - 105.7 FM - 610 AM



## ATTENTION ALL MOTORISTS

Residents are reminded that no overnight winter parking is permitted in the Town of Fort Erie between the hours of 2:00 a.m. and 7:00 a.m. from November 1 through March 31 of the following year. The Town's By-law Enforcement Officers will be enforcing Traffic By-law No. 2000-89. The fine for this offence is \$40.00 and in addition, your vehicle may be towed at your expense.



Looking for a part-time job? This job offers Christmas, Easter, Statutory holidays and summer vacations off!

Have you considered becoming a

**School Crossing Guard?**

The Town of Fort Erie invites applications for temporary, part-time opportunities as a Spare School Crossing Guards for the period of **January 2015 to June 2015**. Qualified applicants must have an Ontario Secondary School Diploma or equivalent, or documented experience. The job requires sensory acuity and the ability to remain on your feet for long stretches at a time. You must be reliable, able to travel to your assigned crossing and willing to work outdoors in what are sometimes adverse weather conditions. Spare Crossing Guards fill in for Regular Crossing Guards and will be paid one hour for each available day in addition to all hours worked. 2015 hourly rate of pay for a Spare Crossing Guard is **\$12.87**.

Preference will be given to persons who have experience as School Crossing Guards. Offers of employment are conditional upon the candidate providing the Town with a satisfactory police background check and evaluation of physical abilities. Successful applicants must also be available for and attend training. Interested applicants are invited to submit a resume, in confidence to;

Human Resources – Competition # 30-2014

Town of Fort Erie  
1 Municipal Centre Drive  
Fort Erie, ON L2A 2S6

(905) 871-1600 ext. 2306 Fax: (905) 871-4022

email: [sward@forterie.on.ca](mailto:sward@forterie.on.ca)

**THE DEADLINE FOR RECEIVING APPLICATIONS IS 4:00 P.M.,  
MONDAY DECEMBER 29, 2014**

Only candidates selected for an interview will be contacted. The evaluation process may include a practical assessment. Personal information is collected under the *Municipal Act, 2001* to determine employment suitability. The Town of Fort Erie is an equal opportunity employer. Accommodation is available to candidates upon request.



## NOTICE OF PUBLIC INFORMATION OPEN HOUSE 1640 GARRISON ROAD

(REGIONAL OFFICIAL PLAN AMENDMENT,  
OFFICIAL PLAN AND ZONING BY-LAW  
AMENDMENT APPLICATIONS)

DATE: TUESDAY, JANUARY 20, 2015

TIME: 5:00 PM TO 7:30 PM

LOCATION: MUNICIPAL TOWN HALL



### IMPORTANT

THIS IS AN OPEN HOUSE MEETING TO DISCUSS ANY QUESTIONS YOU MAY HAVE ON THE PROPOSED AMENDMENTS TO 1640 GARRISON ROAD THE PROPOSED FUTURE LOCATION OF THE NEW DISTRICT SCHOOL, BOARD OF NAGARA SECONDARY SCHOOL. THIS IS AN OPEN HOUSE MEETING WITH THE SCHOOL BOARD STAFF AND TOWN STAFF.

The proposed facility consists of an 8,825m<sup>2</sup> (95,000 ft<sup>2</sup>) public secondary school, a 1,735m<sup>2</sup> (18,675 ft<sup>2</sup>) future addition, an area identified for future portables, a football field and a 400m running track.

To accommodate the proposal the applicant must redesignate and rezone the subject lands from Open Space and Commercial in the Town's documents and from Agriculture to a Special Policy area in the Regional Official Plan to a Special Policy area and a site specific site to permit a public school and ancillary uses in addition to the permitted open space uses.

Commenting on the proposed amendments is encouraged. You can provide input by calling or writing the Town. You are also invited to attend thereon to speak with the applicant or staff.

### CONTACT INFORMATION

Sue Mabee, MCIP, RPP, Supervisor of Planning  
DISTRICT SCHOOL BOARD OF NAGARA

101 Carlton Street  
St. Catharines, ON L2R 7P4

905-641-2929 ext. 5425

Or by e-mailing your comments to:

[sue.mabee@dnb.on.ca](mailto:sue.mabee@dnb.on.ca)

Kim Dalech, MCIP, RPP, CNJ-A,  
Manager of Development Approvals  
Community and Development Services Department,  
Town Hall, 1 Municipal Centre Drive,  
Fort Erie, Ontario L2A 2S6  
905-871-1600, ext. 2032  
Or by e-mailing your comments to:  
[kdalech@town.forterie.on.ca](mailto:kdalech@town.forterie.on.ca)



Brian E. Dick, MCIP, RPP

Senior Policy Planner

Planning & Development Services

Regional Municipality of Niagara

2201 St. David's Road

P.O. Box 1042

Thorold, ON L2V 4V7

Or by e-mailing your comments to: [brian.dick@niagararegion.on.ca](mailto:brian.dick@niagararegion.on.ca)



### FUTURE NOTICE REQUESTS

This Public Information Open House is being conducted to allow public and stakeholders with an opportunity to meet with District School Board of Niagara and Town Planning staff prior to the formal legislative meeting in front of Council.

A Statutory Public Meeting required under the Planning Act will be scheduled for a future date in the spring and will be posted in the Times newspaper and online.

If you wish to receive notices of the Public Meeting, you are requested to provide your name and a current e-mail address or mailing address where the Notice is to be sent. Please use the contact information above to notify Kim Dalech of the preferred notice option. Staff would kindly request you consider e-mail delivery as preferred choice.

1 MUNICIPAL CENTRE DRIVE, FORT ERIE



**Sarah Ferguson**  
Fort Erie Times

According to Put Food in the Budget, about 200 million pounds of food distributed by food banks in Canada meets only 9% of the food needs of those who receive it.

Put Food in the Budget is a grass roots activist group that is working to encourage the government to make legislation changes that will put an end to poverty.

The activist group released a discussion paper this month, which questions why the use of food banks continues to rise and calls on the government to address poverty as well as raise social assistance rates and minimum wage.

"There is just not enough money for people to meet their basic needs and basic needs are a human right," Rhonda Barron, Bridges Community health promoter said.

"This report allows us to question who is benefiting from the food banks. We need to cast a light on this."

Barron would like to see the government at all levels improve legislation to make the lives of people living on social assistance better.

"By raising minimum wage and implementing a living wage, we are respecting the real cost of living. We are respecting social and families values," Barron said. "

### About food banks in Canada

- About 1.7 million people receive food from food banks every year in Canada.
- Food banks distribute about 200 million pounds of food each year.
- An individual needs \$266 a month, or about \$3,200 per year to purchase nutritious foods.
- Food banks provide about 9% of an individual's food needs.

Barron said more assistance for food banks is needed to create a community food centre instead of "just handing out food."

"We need food banks to instead become community hubs and offer community care, gardening, cooking and skill building programs."

The report is critical of big corporations' yearly holiday food drives which make up about 3% of all donations.

"With this report, we are shedding some light on who is benefiting from food banks and it's major corporations who get the kickbacks and good PR."

Barron said it makes sense to increase social assistance so individuals have enough to purchase healthy food. A single person on Ontario Works receives \$656 per month.

We need to help people until we can make changes in the system," Barron said.

"Let's try and engage people and start a discussion to address the root of poverty."

For more information about the Put Food in the Budget discussion paper visit online at [www.putfoodinthebudget.ca](http://www.putfoodinthebudget.ca).

sarah.ferguson@sunmedia.ca



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## IceDogs brighten day for kids in hospital

Karena Walter  
QMI Agency Niagara

Just out of surgery, Lauryn Walters wasn't expecting to be wheeled to her room with a trio of Niagara IceDogs players and mascot Bones in tow.

The 14 year old hockey fan was told the group had visited the St. Catharines Hospital while she was sedated and undergoing the knee operation.

"I thought they were gone," she said in her hospital room. "Then we came through the doors and I thought, oh cool."

Walters was one of 17 patients in the Children's Unit visited by IceDogs players and Niagara Regional Police last Thursday who were delivering teddy bears donated by the team's fans on Dec. 13.

"It was so nice," said Walters, who was missing her last two days of school at Sir Winston Churchill and some skating before the Christmas break. "They were really nice and sweet. I haven't met them before."

The IceDogs host an annual Teddy Bear Toss which sees fans throw new stuffed animals on the ice when the team scores its first goal on a designated night.

The plush toys are then given out by Niagara Regional Police and Victim Services Niagara to children involved in critical or tragic events or those in hospital over the holiday season.

"Just to see the smiles on their faces, it's amazing," said injured IceDogs Captain Luke Mercer, who volunteered for the visit last year too and enjoyed meeting

with the kids for a few minutes.

"I was excited to do it and Mitch and Johnny (Cornell) were also excited."

Player Mitchell Fitzmorris said meeting kids unlucky enough to be in the hospital made them feel thankful for everything.

"For us to be able to help them, it's a great honour to be here," he said.

Niagara Health System child life specialist Lori Marino said children from newborns to age 18 stay in the unit an average of 24 to 48 hours. During the Christmas season, it's a little harder for them. "They're always missing out from things going on at school or in their community. This type of event cheers them up a bit," she said.

Marino gave the children a heads up about the visit shortly before it happened so no one would be disappointed to miss it if they were discharged. "They'll all very excited. It's a nice treat for them while they're in the hospital," she said.

Nine-year-old Leo Biancantiello, aka Leo the Lion, was especially lucky to get a stuffed lion from the group.

"It was really good," he said, after the players left his room. "I got to see them."

Biancaniello was hoping to be discharged later in the day after being admitted Tuesday for complications from knocking out his two front teeth last year on ice.

A few doors down, 14-month-old Lucca Biagi, hooked up to an IV and suffering from bronchitis and an ear infection, was mesmerized by Bones. The mascot crouched down on the floor to Lucca's



BOB TYMCZYSZYN QMI Agency Niagara  
Leo Biancianiello, 9, with Niagara IceDogs and NRP St. Sgt. Neal Orlando at St. Catharines Hospital last Thursday.

height and the toddler broke into a huge smile. "Look at all the hockey players," mom Sharon said. "That's what you're going to be one day."

[illegible]

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# Remember Fort Erie's 6218



Earl Plato



Fort Erie's 6218

Last year I spoke to the senior citizens at the Garrison Road Retirement Home. I was promoting my latest novel. I was well received. After it was over one elderly man was sitting there and he called me over. I believe his name was Murray Howard. I think that he was a retired railway man. He gave me a little magazine, *The Marker*. It outlined the history of locomotive engine making in Stratford, Ontario. This was the location where our 6218 was the last locomotive repaired at the Stratford shops. It left the shops there on November 26, 1963.

Old CNR employees knew about Stratford and its giant shops. Here is part of that record that Murray Howard gave to me. Think big.

"The total area of the shops at Stratford was 313,020 square feet. Although the increase in shop size was necessary for handling larger and heavier locomotives, the most important factor was in the successive increases in the capacity of the erecting crane used to lift the locomotives." Year after year as the CNR locomotives increased in size and weight so did a new crane capable of lifting 200 tons.

So it was that below is the Northern

6218 lifted from the floor at Stratford, Ontario as it was overhauled.

Fort Erie became one of the largest Canadian National Railway holding centres in Ontario.

Many of us had relatives who worked locally for CNR. There was a Round House to hold and maintain locomotives. Later there was a large Diesel shop. The ongoing repair and maintenance of Box cars as rolling stock became important. During the time when 6218 was an active locomotive pre WW2 Fort

Erie was a bustling place. Local industries such as Horton Steel and Fleet Air Craft were expanding. Good times. Remember?

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Earl Plato is a resident of Fort Erie and an author.

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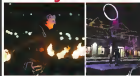
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# Connecting kidney patients in Niagara

**Maryanne Firth**  
QMI Agency Niagara

Four times a week, Kirsten Ernesaks walks into the St. Catharines hospital and settles in for three hours of treatment.

It's a routine she has developed over the past three years. Though the facilities have changed over that time, many of the faces in the neighbouring beds of the dialysis unit have remained the same.

Despite spending ample time in the same room as others undergoing treatment in Niagara Health System's Kidney Care Program, Ernesaks still felt a disconnect from her fellow patients.

Too much space between beds. Noisy but necessary medical equipment humming away.

It all led to a feeling of isolation — and not just for the 36-year-old St. Catharines woman.

The NHS received feedback from its hemodialysis patients in the Garden City asking for some way to create a sense of connectivity.

As a result, a pilot project was launched in September and an online Google Plus community created just for them.

While undergoing treatment, patients can connect to the online forums through

the health system's integrated bedside terminals and have private chats with one another or open public discussions.

"It makes dialysis a little less scary," Ernesaks said.

"You don't feel so alone." She described the online community as a "different sort of social group that can come together to discuss something we have in common."

"Dialysis patients are unique in what we can eat, what we can do and our social life, because of dialysis, can be limited."

Connecting with people who are faced with similar circumstances offers a form of support and understanding that no one else can provide, Ernesaks said.

Dialysis patients, she added, have their own language, often talking about blood pressure and other aspects of their health, such as fistulas — bumps on the skin where needles used in hemodialysis are placed.

"The outside world doesn't understand, but we understand."

In addition to opening up the lines of communication between patients, the project has allowed for further interaction with different members of the kidney care team.

Monthly live chats have been hosted to discuss a variety of topics and have

allowed patients to have their questions answered by medical professionals, including a nephrologist, renal pharmacist, social worker and program manager.

Along with learning to interpret their blood work results, patients have received helpful tips about taking their medication and have learned about the health benefits of dialysis.

"Through the chats I've been able to find out more about my health," said Ernesaks, who acts as one of two patient moderators who monitor and promote the program.

"It's the concept of 'Nothing about us, without us,'" said Cindy Bryson, the outpatient kidney care program manager in St. Catharines.

"We're keen on having the patients help us to identify improvements that can be made."

There are up to 180 dialysis patients on a weekly basis in St. Catharines. About 45 have joined the online community so far.

With the program off the ground, the challenge now becomes raising awareness, said Bryson.

It has been gaining momentum, she said, "but slowly."

Staff have been working to promote the program among senior patients,



MARYANNE FIRTH QMI Agency Niagara

Dialysis patients Kirsten Ernesaks and Marcia Prince chat briefly while Prince undergoes treatment at the St. Catharines hospital. The pair met online in a new Google Plus community created by Niagara Health System.

teaching them how to use the technology and access the useful online information.

The program is "still in the infant stages," but the hope is to see it expanded to include the 380

dialysis patients across the region, including those at the Welland and Niagara Falls hospitals, Bryson said. It is currently being expanded to include 19 patients undergoing hemodialysis in their homes.

"We want to make sure our feet are firmly planted first," she said.

"We want to make sure we're doing it right." Ernesaks is unaware of any other renal program in Ontario or Canada that has undertaken a similar project. It was made possible in part by a \$49,500 grant from the Canadian Foundation for Healthcare Improvement.

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ANNE PASQUARIELLO Special to The Times

Helen Rowling and Barb Volzke with gift bags collected from Rowling at the COPE offices in Fort Erie.

# A giving spirit

Annie Pasquariello  
Special to The Times

"We take for granted food on our tables while some people don't have any," says Helen Rowling, who has been raising money for COPE through food and bake sales at her place of employment.

Rowling, 63, has been working at Peace Bridge Duty Free for six years, decided to try and get everyone involved with donating and started with a food drive at Thanksgiving.

"The food drive wasn't going as well as I had hoped and I got inspired from St. Michael's Church food of the month program," she says. "Once I started baking, things really started to soar."

Not only does Rowling sell baked goods, but every Friday she has been selling meals like chili, macaroni and cheese, lasagna, soup - all homemade by her - for less than \$5 to raise more money. She says she just goes through her recipe book and decides from there.

As of Sunday, Rowling has raised \$1040 for COPE and didn't stop at just raising money. Her and her "partner in crime" as she describes co-worker Sue Heaton have also purchased gifts for

adults whom sometimes get neglected at Christmas and knitted items such as hats, scarves and mittens to donate. Rowling says she could not have done everything in the past few months without Heaton who has also donated time and effort to helping the cause.

Christa Cudmore, supervisor at Peace Bridge Duty Free, say everyone looks forward to Fridays to see what's on the menu.

"Helen is an inspiration. She got all of us on board and has put so much dedication into raising money for COPE," she says.

Barb Volzke and Mandy Crosby, employees of COPE, say they are very thankful for how the community is supporting COPE once again this Christmas season and year-round as people need help every day.

"There are several food drives that have been conducted this month, and are still happening. This will help us at COPE to get through the rest of this month and next month. People in our community are a very caring group, and we are grateful."

Cudmore says, "if every workplace had a Helen, the shelves at COPE would be full."



## Snow owls visit Niagara



JODI ANDRES Special to The Times

Snowy owls have been spotted by residents over the past week and a half in Port Colborne and Niagara-on-the-Lake. When they're disturbed, they tend to fly to a new location.



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# From the gardener's journal: stirring memories of Christmas greens

Ruth Vold Markle  
Special to The Times

While it is still cloudy  
and grey and we wait for  
snow I was contemplating

how much I appreciated  
the greens of this season.  
I found this comment

in my research this week:  
"The most memory stir-  
ring images are the vibrant

greens of Christmas. The  
holly, ivy, pine, cedar and  
juniper never fail to  
remind us of the abiding  
generosity of nature.  
Greens speak of the  
warmth of the summer  
soul, providing us with  
such abundance when we  
expect it least and need it  
most." (from "Traditions  
of Christmas")

In other early traditions  
mistletoe was used as a  
barrier to prevent fire and  
so it has also become a  
part of the 'greens' that  
folk use at Christmas.  
No doubt when it is grey  
and dull and you are most  
busy, these greens can lift  
your spirit just by their  
presence.

I love to use pine cones  
as well, some dipped in  
the cloves and cinnam-  
on oils to enhance the  
scents in home. It seems  
we try many different  
scents and efforts to con-  
tinue to keep life warm  
and thriving in our spaces.  
I have heard of folk dab-  
bing a little turkey gravy  
on the lightbulbs to give a  
pleasant flavour as well. I  
have to confess I have not  
tried that yet.

Another way to keep life  
going is to utilize the  
many flowering bulbs  
available to bring to bloom  
in a shallow dish with a  
covering of moisture. With  
a little care these can  
bloom and bring the  
reminders of spring before  
spring arrives.

At this season when  
plants indoors begin to  
slow and settle into rest  
we can live them with a  
light misting to help from  
drying. In my experience  
over watering can  
hurt more indoor plants,  
so my thought is to let  
plants dry out between  
waterings, and use room  
temperature water when  
you do water. Most plants  
appreciate watering from  
the roots so a little bath  
once a week in the sink or  
tub is good. And I find a  
gentle spraying of sunlight  
dish detergent mixed with  
water helps to keep aphids  
away and doesn't hurt the  
plants. A little care and a  
little watchfulness usually  
will keep the plants

healthy during the indoor  
season. You can mist your  
herbs as well with warm water,  
they do seem to perk up  
after that. In the days of  
root cellars my dad told  
me they could keep root  
vegetables in loose dirt  
and preserve them  
through those long prairie  
winters. I suppose our  
equivalent is dry soil in a  
bucket and my carrots and  
potatoes and other root  
vegetables covered just  
enough. I keep these in a  
cool place and keep them  
dry. So far that does seem  
to help them to last a little  
longer.

The scent of the season  
seems to be mint or pepper-  
mint. Mint has been used  
particularly with  
lamb, is excellent to  
enhance the flavour of  
spring vegetables and is  
used in fish sauces. I per-  
sonally enjoy mint tea  
made from my dried mint  
there is always an abun-  
dance of this herb grow-  
ing (and recently have  
used chocolate mint in  
dried form to enhance the  
tea flavour. Traditionally  
mint has been used to  
combat fatigue and has  
been known to be used in  
soothing baths for skin  
irritations or in a cooling  
bath for sore feet. Not  
only a scent of freshness,  
it is an herb that helps  
soothe skin and aids in  
digestion. At this season  
we may need some mint  
at some time or other for  
any or all of those "irrita-  
tions."

As this week brings  
Christmas and all that  
involves for yourself and  
family and friends I hope  
you have a few moments  
to enjoy some relaxation.  
My wish is that you and  
yours have a safe, healthy  
and peaceful day. I look  
forward to hearing how  
your winter season is  
going. Thanks for staying  
in touch and sharing your  
thoughts not only about  
growing and life. We all  
learn from each other.

Happy Christmas.

Ruth Vold Markle is a member  
of the Fort Erie Horticulture  
Club.

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## Making spirits bright



SARAH FERGUSON Fort Erie Times

Ridgeway Public School's choir spread Christmas cheer at Garrison Place last Wednesday afternoon. The students sang a number of Christmas classics including Jingle Bells. They also visited seniors at Maple Park Lodge.

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Cruise, CD, 4 DR, Black, Very Clean  
98,000 KM.....\$8,995

### 2005 HYUNDAI SANTA FE

2WD, Local Trade 159,700 KM...\$6,895

### 2008 JEEP **SOLD**

North Edition, Issue 64,900 KM, Local  
Trade.....\$8,795

### 2008 FORD **SOLD**

93,200 KM.....\$7,295

### 2006 NISSAN X-TRAIL

Bona Vista Ser **SOLD** 182,000 KM.....\$7,995

### 1998 LINCOLN TOWN CAR

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### 2010 HYUNDAI ACCENT GLS

GLS 4 cyl, 4 dr 112,000 KM Blue...\$8,795

### 2008 JEEP PATRIOT **SOLD**

Green in colour 107,000 KM...\$7,195

### 2008 MONTANA VAN SV6

105,000 KM.....\$7,495

### 2008 CHEVY IMPALA LS

107,200 KM.....\$9,995

### 2006 FORD FREESTAR SPORT (VAN)

155,000 KM.....\$4,995

### 2004 FORD F150 LOADED

Crew Cab Lariat 211,000 KM...\$10,995

### 2008 HONDA CIVIC LX

Air, Cruise, Tilt, PW, PM, PL, Alloy Wheels  
73,500 KM.....\$8,995

### 2008 TOYOTA YARIS

PW, PL, PM, Tilt, Local Vehicle  
105,000 KM.....\$11,995

### 2010 CHEV IMPALA LT V6

Air, Tilt, Cruise, PW, PL, PM, Pseat, Black on  
Black 69th 69,000 KM.....\$11,995

### 2002 VW JETTA GLS TDI

5 SPD, Diesel, Leather, Sun Roof, Loaded  
Rental, 79,000 KM.....\$18,995

166,000 KM.....\$7,695

### 2012 FORD FUSION SE

4 cyl, 57,000 KM, Previous  
Rental.....\$14,595

### 2005 YUKON DENALI

4x4, 7 Pass, 6.0 LT Eng, A/C, Tilt,  
PW, PL, PM, P Seat, Memory Seat,  
Leather, Chrome Wheels,  
Local Trade.....\$11,900

### 2010 HONDA CR-V

4x4, Auto, 4 cyl., AWD, Prev Daily  
Rental, 79,000 KM.....\$18,995

### 2005 INFINITI G35X

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Seats, P Sunroof, Alloy Wheels,  
Cd Player.....\$10,995

### 2010 CHEV MALIBU LS

White, 4 cyl, Local Trade, Air, Cruise,  
Tilt PW, PL, PM CD 64,000 KM...\$11,995

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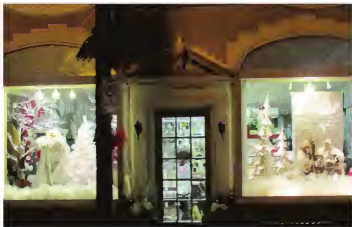


# Residents brighten Fort Erie with light displays



SARAH FERGUSON Fort Erie Times

The winners of the Greater Fort Erie Holiday Lights contest were announced last week. The overall winner was 467 Gorham Rd. (top left); 1st place residential 146 Henrietta St. (top right); 2nd place residential 3966 Wellington Ct. (right, middle); 3rd place, 3933 Christina Ct. (left, middle); 2nd place commercial went to the Downtown Ridgeway Beautification Committee (bottom right) and 1st place commercial went to the Queen's Circle Crystal Beach Business Improvement Association (bottom left).





# Author teaches children they can succeed

Cathy McCabe  
Special to The Times

Local author Miriam Laundry visited Ridgeway Public School last Friday to educate the students about the power of positive thinking.

Laundry said she wants children to know that they can succeed.

"I'd like them to know that they can and that their thoughts are very powerful. Whatever they think is what is going to happen. If they say I can't they are right, they will not be able to do it, but if they say they can, they will."

Laundry, of St. Catharines, said her favourite part about being an author is visiting schools.

She spoke to the kindergarten classes and grades one, two and three.

She read each of the groups her first book "I Can Believe in Myself" and answered any questions the students had for her.

Laundry got each of the students to write or draw something on a piece of paper that they believed they could not do, just as the children in her book did.

The papers were then fed to a paper shredder named Shreddie, as they are in the book, to make a vow to say I can instead of I can't.

Laundry said she first thought about writing for children after attending seminars.

"I go to a lot of motivational seminars by Jack Canfield, Tony Robbins, and when I'm in them I always think, this stuff really needs to be taught to children."

She said a tragedy within her family also motivated her to write.

"We had a tragic incident in our lives. We lost our 17-year-old niece to suicide. It really made me think I wanted to do something for my kids to help them believe in themselves when they are young and I know that they can overcome difficult situations, so that's what started the writing."

Laundry is a mother to four children aged two, seven, nine and 11.

She said, "I think if we let go of the word 'can't' it just opens up a lot of new possibilities for us. When children and adults say I can't do something, then they

limit themselves, they stop themselves, so that's my message. The first book is about working on yourself and the second book is about giving back."

Her second book called "I Can Make a Difference" was published last month.

Sherry Storrey, principal of Ridgeway Public School, said she thought this event was a great way for the kids to start thinking positively.

"We're really working on having all of our students having a positive mindset with everything they are learning at school and outside of school, so I think this is another way to promote that."

She added that the book, "I Can Believe in Myself," had "a good message for our school age, since our children are eight years and under, so I thought it was a message that they could relate to in a positive manner."





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CATHY MCCABE Special to The Times  
Author Miriam Laundry visited Ridgeway Public School last Friday to speak about her books I Can Believe in Myself and I Can Make a Difference.

## DECEMBER 27

### MOVIE: RIO

Blu, Jewel and their three kids living the perfect domesticated life in the magical city that is Rio de Janeiro. When Jewel decides the kids need to learn to live like real birds, she insists the family venture into the Amazon. As Blu tries to fit in with his new neighbors, he worries he may lose Jewel and the kids to the call of the wild. Fort Erie Public Library Crystal Ridge Branch. 2:30 p.m. to 3:30 p.m.

### MOVIE: THE MAZE RUNNER

Thomas wakes up in an elevator, remembering nothing but his own name. He emerges into a world of about 60 teen boys who have learned to survive in a completely enclosed environment, subsisting on their own agriculture and supplies. A new boy arrives every 30 days. The original group has been in "The Glade" for two years, trying to find a way to escape through the Maze that surrounds their living space. They have begun to give up hope. Then a comatose girl arrives with a strange note, and their world begins to change. There are some great, fast-paced action scenes, particularly those involving the nightmarish Grievers who plague the boys. Fort Erie Public Library Centennial Branch. 2:30 p.m. to 3:30 p.m.

## DECEMBER 30

### MOVIE: TEENAGE MUTANT NINJA TURTLES

Darkness has settled over New York City as Shredder and his evil Foot Clan have an iron grip on everything from the police to the politicians. The future is grim until four unlikely outcast brothers rise from the sewers and discover their destiny as Teenage Mutant Ninja Turtles. The Turtles must work with fearless reporter April O'Neil and

her cameraman Vern Fenwick (Will Arnett) to save the city and unravel Shredder's diabolical plan. Fort Erie Public Library Centennial Branch. 2:30-3:30 p.m.

## DECEMBER 30

### MOVIE: THE GIVER

This film, based on Lois Lowry's book, tells the story of a perfect world. Everyone here is happy. When Jonas is 12 years old, he's chosen to be the community's Receiver of Memories. He enters into training with an old man called The Giver. From the Giver, Jonas learns about pain, sadness, war, and all the unhappy truths of the "real" world. He quickly realizes that his community is fake. Confronted with this reality, Jonas faces difficult choices about his own life and his future. Fort Erie Public Library Centennial branch. 2:30-3:30 p.m.

## ONGOING

### DROP IN SOCIAL

Drop in for a warm beverage, some lively conversation and occasional crafts and speakers every other Tues. 10-12 noon. Bridges Community Health Centre Fort Erie. 1485 Garrison Road.

### PARENT NETWORKING

A monthly support group for caregivers of children, youth or adults with autism, a developmental disability, or mental health issues the last Wednesday of every month, 6-8pm. Bridges Community Health Centre Fort Erie. 1485 Garrison Road.

### DIABETES HOT TOPICS

Topics to help people self-manage their diabetes. Thurs. Feb. 5, 3-4pm Diabetes and Heart Health; Mar. 5, 3-4pm, Keeping your Feet Healthy. Bridges Community Health Centre Fort Erie. 1485 Garrison Road.

## KEEPING DIABETES AWAY

Nutrition and lifestyle management strategies to help delay or prevent diabetes. Thurs. Jan. 22, Tues. Feb. 24, Tues. Mar. 24, 1:30-3:30pm. Bridges Community Health Centre Fort Erie. 1485 Garrison Road.

## SMOKE CESSATION

A two-week workshop designed to help you quit smoking, including a five week supply of nicotine replacement therapy to eligible participants. New enrollments are offered the second Tuesday of every month, 6-7:30pm. Bridges Community Health Centre Fort Erie. 1485 Garrison Road.

## WALKING GROUP

A weekly walking group every Monday and Thursday, 9:00am at the Fort Erie Leisureplex.

## CHRONIC PAIN MANAGEMENT

Learn and use new coping tools or strategies for managing your chronic pain. Tues. Jan. 27 to Mar. 17, 1:30-3:00pm. Bridges Community Health Centre Fort Erie. 1485 Garrison Road.

## INCOME TAX CLINICS

Free Income Tax Clinics during the months of March and April. For more information, contact Mary Anne Feagan at 905-871-7621 ext. 2246.

## HEALTHY EATING

Grocery store tours. Discover how to make healthy food choices, read food labels and shop on a budget. Call us to be placed on a waiting list. Bridges Community Health Centre Fort Erie. 1485 Garrison Road. Call 905-871-7621 ext. 2234 or email info@brideschc.ca for more information.

## LET'S GET COOKING

Learn basic skills to prepare quick and tasty, low cost meals. No cooking experience

necessary. Tues. Jan. 27, Thurs. Feb. 26, Tues. Mar. 24, 10:00-noon. Fort Erie Salvation Army or Crystal Ridge Community Church. Call 905-871-7621 ext. 2234 or email info@brideschc.ca for more information.

## HEALTHY YOU

A monthly support group led by a Dietitian for individuals who have taken the Healthy You program. Participants will build skills related to nutrition, healthy lifestyle strategies and ways to problem solve in challenging situations. Mon. Jan. 26, Feb. 23 & March 30, 4-5pm. Bridges Community Health Centre Fort Erie. 1485 Garrison Road. Call 905-871-7621 ext. 2234 or email info@brideschc.ca for more information.

## HEALTHY YOU

Discover foods to eat for a healthy heart. This program will be helpful for people with high blood pressure, high cholesterol, heart problems or anyone who wants to learn how to

eat to keep your heart healthy. Thurs. Jan. 8, 13:30-3:00pm at the YMCA. Call 905-871-7621 ext. 2234 or email info@brideschc.ca for more information.

## EAT SMART

Discover foods to eat for a healthy heart. This program will be helpful for people with high blood pressure, high cholesterol, heart problems or anyone who wants to learn how to eat to keep your heart healthy. Thurs. Jan. 8, 13:30-3:00pm at the YMCA. Call 905-871-7621 ext. 2234 or email info@brideschc.ca for more information.

## HEART HEALTH AND LABEL READING

Learn how to read and understand food labels to help you make choices about the foods you eat. Thurs. Jan. 15, 13:30-3:00pm at the YMCA. Call 905-871-7621 ext. 2234 or email info@brideschc.ca for more information.

## HEALTHY EATING

Our Registered Social Worker and Registered Dietitian team-up Wed. Mar. 11, 13:30-3:30pm to look at the importance of sleep in a person's overall health and well-being. From weight management, mental and physical performance to your ability to manage stress, learn about the role of sleep and how to get a good night's rest. Bridges Community Health Centre Fort Erie. 1485 Garrison Road. Call 905-871-7621 ext. 2234 or email info@brideschc.ca for more information.

## HEALTHY STRATEGIES

Our Registered Social Worker and Registered Nurse team-up to talk about strategies for dealing with depression. Thurs. Jan. 29 13:30-3:30pm. Bridges Community Health Centre Fort Erie. 1485 Garrison Road. Call 905-871-7621 ext. 2234 or email info@brideschc.ca for more information.



# DEC 31

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**Legion**

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# Regional council getting down to business

Rob Houle  
OMI Agency Niagara

Almost a month after the municipal election, regional council is set to get down to business.

One of the first orders of business council will deal with at first meeting two weeks ago is the appointment of councillors to committees, agencies, boards and commissions for four-year terms.

Each regional councillor must serve on at least one of the standing committees — planning and development, public works, corporate services and public health and social services. The chairs of those committees get a \$2,000 per year honorarium (councillors are paid roughly \$26,000 yearly, a third of which is tax free).

As of last Friday, 19 regional councillors said they wanted to be on corporate services, 22 on planning and development, 21 on public health and social services and 23 on public works, an e-mail to councillors shows. Council decided on Thursday how many members will comprise each committee.

In addition to the standing committees, a number of advisory committees must be filled. Councillors had until Thursday to decide on whether they will let their name stand. The most popular of the advisory committees, judging by the number of councillors who have declared their interest, is economic development. While there are only two spots for regional councillors, 16 have said they want to serve on that advisory committee.

Another popular advisory committee is the transportation strategy steering committee that as of last Friday had 15 candidates for the five to seven spots reserved for regional councillors.

As of last Friday, a couple of advisory committees have no love from regional councillors. No one from council had signed up for the Humberstone Landfill



Sandy Annunziata

Site public liaison committee or Regional Niagara bicycling committee.

There are sure to be some hotly contested spots on boards, agencies and commissions. There is one spot open on the Niagara Escarpment Commission, but the province is looking for Niagara Region to submit three candidates. Seven councillors — Brian Baty (Pelham), Henry D'Angela (Thorold), Paul Grenier (Welland), Bart Maves (Niagara Falls), Andy Petrowski (St. Catharines) and Selina Volpatti (Niagara Falls) have indicated they would like to serve on the NEC board.

There are five people listed as being interested for one Niagara Region spot on the Niagara Parks Commission, although one of those, Sandy Annunziata, said last Monday he doesn't know how his name got on the list and will bow out. The others listed are Jim Diodati (Mayor of Niagara Falls), Brian Heit (St. Catharines), Maves and Tim Rigby (St. Catharines).

There is plenty of interest in getting on the Niagara Peninsula Conservation Authority board of directors where in the last year two former members of that board were hired for NPCA senior

staff positions. The NPCA board consists of 12 members of Niagara Region — one from each municipality. One member of the board is a representative of Haldimand County and two from the City of Hamilton.

By way of being their township's only representative on regional council, Wainfleet Mayor April Jeffs and West Lincoln Mayor Doug Joyner are on the NPCA board if they so wish, otherwise a member of the public can be named.

Neither Thorold Mayor Ted Luciani or region Coun. Henry D'Angela are vying to represent their city, which has been represented on the NPCA board by long-time member Dominic DiFrusca.

Should he let his name stand, Mayor John Maloney will be uncontested as the board member for Port Colborne since his regional counterpart, David Barrick, is employed by the NPCA and not eligible. Also in as of last Monday are Gary Burroughs of Niagara-on-the-Lake, Bill Hodgson of Lincoln and rookie regional councillor Tony Quirk of Grimsby.

The other municipalities currently have two members of regional council vying for one spot — Mayor Wayne Redekop



Sandy Annunziata

and Annunziata from Fort Erie; Councillors George Marshall and Grenier from Welland; Diodati and Maves from Niagara Falls; Mayor Dave Augustyn and Baty from Pelham; and councillors Heit and Bruce Timms from St. Catharines.

The Niagara Regional Police Services board will have three members from regional council, one of whom will be new chair Al Caslin. Looking to join him are Barrick, Grimsby Mayor Bob Bentley, Burroughs, D'Angela, Bob Gale (Niagara Falls), Heit, Maves and Petrowski.

Eleven are seeking one of five spots allotted for regional councillors on Niagara Regional Housing's board — Annunziata, Augustyn, Baty, D'Angela, Grenier, Heit, Marshall, Petrowski, Rigby, Volpatti and St. Catharines Mayor Walter Sendzik.

Heit has signed up to be on four of the five boards, agencies and commissions.

He said it's the fourth time he has tried to get on the parks commission board, feeling it's important a voice from outside Niagara Falls, Niagara-on-the-Lake and Fort Erie, which have representation on the NPC board from the city level, represent the Region.

"Just so the Region is more aware of what's going on throughout the parks and see if there's anything we can tie into them," Heit said.

He said he put his name in for the police board at the request of a current board member concerned with some of the others putting their name forward.

"They would rather have someone more sensible ... someone they felt wasn't necessarily on anyone's side, but more independent," Heit said.

Heit, who had previously served four years on the NPCA board, said he is seeking a return.

"There is no question I want to get back on that after what took place over the last four years that is just bizarre. I don't think the current board has done justice to the conservation authority," Heit said.

Annunziata and Diodati said they want to sit on the NPCA board, in part, out of concern with Ministry of Natural Resources wetland mapping.

"I'm not opposed to wetlands," Diodati said, "but we have two provincial policies conflicting — employment lands and wetlands in the same area, and you can't be both. And I believe the NPCA can use

some extra support in helping to determine which areas should be protected wetlands and which areas should be designated employment lands."

Diodati said he wants to be the Region's rep on the parks commission because most of "the commission's assets are in Niagara Falls and we have a lot of shared services."

He doesn't buy the argument the Region's rep should come outside of the Falls, Niagara-on-the-Lake and Fort Erie because they are represented at the city level.

"I don't think there's any down side for having extra representation," he said.

Newbie regional councillor Grenier has put his name to three boards — the NPCA, Niagara Escarpment Commission and Niagara Regional Housing. He wants to sit on the NPCA board because of his familiarity with Welland River floodplain mapping in his former Welland ward. He said he was known on council as "the environment guy."

"I've been doing a lot of work, personally, on poverty reduction and homelessness here in Welland," Grenier said of his interest in sitting on the NPCA board. "After considering the need we have here in south Niagara, I think it's important we have representation there."

Councillors decided last Thursday on how to make appointments to committees, agencies, boards and commissions. In 2010, appointments were made based on elections similar to the format used to elect the chair in which the lowest vote getter on the ballot is dropped until candidates reach the approval of a majority of councillors. A staff report asks council to use a less time-consuming method in which those with the greater number of votes get appointed. If five positions are available, the top five vote getters are appointed. That would be broken by the regional chair.

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# Senior learned many life lessons on the softball field

Sarah Ferguson  
Fort Erie Times

There's no better feeling in the world than the rush Jean Mills used to get when she would help softball team win a game. "I'm a competitive person. I have been all my life," the Stevensville resident said. "I don't like to lose, but I've learned how to lose gracefully. Softball taught me that."

The 80-year-old was a member of the Sportaculars, a senior women's softball team that has been competing across North America since 1989, playing in 17 U.S. states. She played with the Sportaculars for more than 20 years.

"I joined the Sportaculars and I was on the team in its first year. We started with 11 players," Mills said.

It was the first time women were allowed to play in the North American Senior Softball circuit. According to Mills every woman who played with the Sportaculars is dedicated to playing the game.

"When you started with 11 players, you had to finish with 11 players or you had to forfeit the game."

Mills remembers breaking her wrist during one game. Despite the pain, she bandaged her wrist and stood on the field so her fellow team mates could finish the game.

"Otherwise, we would have lost that game," she explained.

The Sportaculars went on to earn about 32 gold medals, and 12 bronze medals. In 2012, Mills helped the Sportaculars with the Softball Players Association World Series Championships.

Although Mills no longer plays softball, she has a strong bond with her team mates.

"We just celebrated our 25th anniversary and there are a few coaches and players that still play.

We all stay in touch."

The camaraderie and the friendship that formed between women who played with the Sportaculars is as strong as ever, according to Mills.

Although she no longer plays, Mills admitted she "misses the game."

"I had to give it (softball up) a few years ago because I had a hip replacement. But I was still playing up until then."

Mills began playing softball in a Fort Erie league when she turned 19, and went on to play for teams in Chippawa and Welland.

"I always played ball with the boys when I was younger. Once I was working and able to get a car, I could play in Fort Erie because I had my own transportation. That's when it really took off."

Having a job and raising a family didn't stop Mills from stepping foot onto the field to play.

"I used to work in an office and I came home with terrible headaches. I would make dinner for the kids and my husband and then I would go to the games," Mills said. "Playing allowed me to release all the tension. I was feeling. I love the game. When you're out there, you forget all of your troubles."

Mills has made a name for herself locally when she was inducted into the Fort Erie Sports Wall of Fame in 2011.

Mills was also inducted into the National Senior Softball Hall of Fame in September.

"I wasn't able to attend the ceremony. It was held in Georgia, but I am very grateful for the acknowledgement," Mills said.

According to Mills, her time on the diamond taught her a lot about life.

"Sports are important because playing teaches you how to win, how to lose, and more importantly, how to accept



SARAH FERGUSON Fort Erie Times  
Stevensville resident Jean Mills was recently inducted into the National Senior Softball Hall of Fame.

defeat gracefully," she said. "And it doesn't matter how old you are. Just

because you think you're 'over the hill' doesn't mean you can't play," sarah.ferguson@sunmedia.ca

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## NOTICE TO CREDITORS AND OTHERS

All claims against the estate of Elizabeth ANGEL, late of the Town of Fort Erie in the Regional Municipality of Niagara who died on or about the 19th day of October, 2014, must be filed with the undersigned Estate Trustee on or before the 25th day of December, 2014; thereafter, the undersigned will distribute the assets of the said estate having regard only to the claims then filed.

DATED at Fort Erie this 1st day of December, 2014.

Shirley Maize SAWYER, Estate Trustee, by her Solicitor, HANAN LAW FIRM, 29 Jarvis Street, P.O. Box 68, Fort Erie, Ontario, L2A 5M6. 905-871-4440

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All claims against the estate of MILDRED EDNA MILLER, late of the Town of Fort Erie in the Regional Municipality of Niagara, who died on or about the 25th day of October, 2014, must be filed with the undersigned Estate Trustee on or before the 31st day of December, 2014; thereafter, the undersigned will distribute the assets of the said estate having regard only to the claims then filed.

DATED at Fort Erie this 1st day of December, 2014.

STEPHEN CARL MILLER Estate Trustee, by his Solicitor, HANAN LAW FIRM, 29 Jarvis Street, P.O. Box 68, Fort Erie, Ontario, L2A 5M6. 905-871-4440

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DANIELLE FRANCES ELLIOTT, or anyone knowing her whereabouts contact Amanda King at ext. 4542, Monday-Friday, 8:30a.m. - 4:30p.m. at 1-(905)-937-7731 or 1-888-937-7731

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#### Death Notices



**NICHOLS, CLYDE ALBERT** - Passed away at Douglas Memorial, Monday, December 15th at the age of 90. Predeceased by his parents, his son Allen, sisters Jacqueline & Gerry and brother Vernon. Survived by his loving devoted wife Marie of 54 years and his sister Dottie Stayer. Daughter Lynn Barber (Bob). Grandsons, Rob, Rory & Ryan. Great Grand Children Aleena (Jeff), Ryelle, Rykelie, Bryan and Angelica. Great great-granddaughter Aubrey. Nieces and nephews and many close friends. A Veteran of WWII, he was a brave and honourable man joining the Canadian Navy at 17 years old, after that he joined the American Army. Cremation has taken place and as Clyde requested there will be a private service only. Fond memories will live in our hearts forever.

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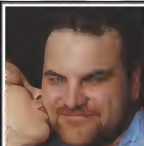
#### Birthdays

#### Birthdays

#### Birthdays

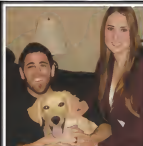
#### Obituaries

#### Obituaries



### Chris Harasty (AKA "TANK") Happy Birthday Dec. 27th

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### Happy 26th Birthday Dave Dec. 27th

I am so proud of all your accomplishments this past year, and very happy to be sharing every moment of them with you.  
 Love always and forever,  
 Brianna & Connor

**CHRISTIE, Gerald Merlin** - Peacefully, at Douglas Memorial, surrounded by his family, at the age of 81. Held in high esteem and love by his children; Elizabeth (Don) Holdsworth, Julie Fehr, Debbie, Bonnie (Peter Hadda), Gerald (Karen), Joel (Christine), Kirk (Diane) and Paul. Much loved grandfather to Andrew (Melody) and Daniel Holdsworth, Adam and Elizabeth Fehr, Alisha (Joel) Cadeux and Joel Venkoughnet (Luzia), Michael (Jessica) Dionne, Krystal Dionne (Ben Waltermann), Curtis (Rachael) Dionne and Jesse Christie. Predeceased by his grandsons Patrick (1983) and Eric (2006), son in law Doug Fehr (1986), his parents Arley and Blanche Christie, 5 sisters and 4 brothers. Also survived by his children's mother Edna Christie and sisters in law Kaye Christie and Bertha Christie, and 13 great grandchildren. Jerry was born in Glace Bay, Nova Scotia in 1933 and moved to Ontario in 1954. He drove long distance transport, which he loved, for many years and had friends all across Canada and the United States. Jerry spent the last 5 years at 373 Garrison Place, where he enjoyed the friendship of many and was very happy. In lieu of flowers donations to C.O.P.E. or The Salvation Army, his 2 favorite charities, would be much appreciated. We would like to thank, as dad would often say "the best doctor in the world" Dr. Kim Scher, for his years of care and kindness. We would also like to thank the staff at 373 Garrison, who made him feel like he was part of their family. Cremation to take place and ashes will be interred in his much loved birth place Glace Bay, Cape Breton, Nova Scotia. - "The most beautiful spot on earth" he would often say and where part of his heart remained until the end. An open house to remember Jerry was held at The Canadian Sportsman's Club, 1436 Berlie Street, Fort Erie, on Saturday December 20th, from 1-4p.m. Online condolences can be left at [www.betheringtonandnans.com](http://www.betheringtonandnans.com)

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Mom and Dad

Love Skip, Joanne, and Trista



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*Yuletide was fun when you were here,  
Full of laughter and cheer  
Now that you're gone we miss you so.  
No laughter or gifts on you to bestow.  
Only a wish, a wish that's true,  
Eternal peace, just for you,  
We'll remember you more as the years go  
by, And in our hearts you will never die.*

Missing you, wife Stella, children Pauline  
(Pam), Joannette (Bill) and Jim, Grand-  
children Jennifer (Gabe), Kathleen, Michael  
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Matthew, Great Grandchildren Noah, Nicho-  
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the forget-me-nots  
of the angels.

• Henry Wadsworth Longfellow



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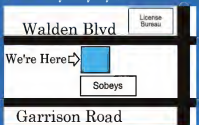
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